



# Gilda's Club Grand Rapids Wish List

1806 Bridge Street NW | Grand Rapids, MI 49504

616.453.8300 | 800.326.1419 | [www.gildasclubgr.org](http://www.gildasclubgr.org)

Thank you for your interest in providing donations for Gilda's Club Grand Rapids!

Gilda's Club provides a free emotional health support community where children, adults, families and friends can find their smile in the midst of a cancer or grief journey. We provide educational workshops, support groups, social events, and more to all that come. About 70% of our total operating revenue comes from individual donors – like YOU! We truly appreciate your support with donations to our wish list; thank you!

During the pandemic, you can support Gilda's Club Grand Rapids by donating the following wish list items essential to our clubhouse in person reopening for our mission, program and members.

## **Ongoing Item Needs:**

- Paper towels
- 2-ply toilet paper
- Gift Cards (Meijer, Gordon Food Service, Aldi, Family Fare, Sam's Club, Costco, etc.)
- Bottled water
- 13-gallon kitchen bags
- Rolls of stamps
- Copy paper (new/unopened)
- Reusable masks/face coverings
- Face shields
- Disposable masks (unopened)
- Disposable gloves—all sizes (unopened)
- Sanitizing wipes
- Hand sanitizer

**Thank you for your generous support!**



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We are accepting your generous offers to hand-make protective masks.  
Please follow [the instructions in this informative video](#) to ensure safety and quality.

## Items Needed:

- 1x fabric size 15" x 7.5" – use a thick woven 100% cotton fabric (wash in advance to avoid shrinkage)
- Bias approximate 7"
- Twist tie approximate 6 1/2" – or longer if on hand
- 2 Elastics 9 3/4"
- Ruler
- Clips or Pins

## Steps:

1. Pre-wash fabric in the washing machine (this can prevent the mask from later shrinking due to laundering)
2. Serge or zigzag stitch both short edges
3. Fold short edges, right sides together and measure 1 1/2" from side edge
4. Stitch the 1 1/2" side edges. You should have an opening gap left in the middle 4. Turn the tube shape inside out, so that the right side of fabric is now the outside.
5. Top stitch the seam line.
6. Measure 1/2" from seam line, hold the fabric from the measurement and press it flat and stitch all the way round.
7. Add twist tie and stitch
8. Make pleats any size, fold, clip and stitching both sides
9. Apply bias on mask sides, folding both sides over the back, clip and stitch on top 10. Fold over the bias and stitch leaving space to insert the elastic
11. Insert elastic and tie both ends.
12. Place filter in pocket of the mask

**Thank you for your generous support!**